



Bringing the learning to you

TRAINING THE TRAINER

This programme is designed to provide participants with a solid foundation of skills and knowledge of the process of learning and enable them to develop their skills in facilitating effective learning in practice.

Programme aims:

- **To introduce learners to contemporary theory and practice related to adult learning**
- **To equip learners with a range of training techniques for utilising in the workplace**
- **To enable learners to plan, deliver and evaluate training sessions**

Areas covered in the programme include:

- **How and Why Do People Learn**
- **An Overview of Learning Styles**
- **Qualities of Effective Trainers**
- **Training Techniques**
- **Creating a Lesson Plan**
- **Structuring and delivering a Training Session**
- **Ways of Working with Adult Learners**
- **Assessment techniques**
- **The Importance of Evaluation and feedback**

The programme can be delivered in short modules that can be built on to achieve a Train the Trainer certificate or as a two-day master class with a follow on day after 3 months.